



A NEW ERA IN EDUCATION

H.R. COLLEGE | K.C. COLLEGE | B.T.T. COLLEGE

HSNC University, Mumbai



School of
Yoga

ADMISSIONS OPEN FOR 3 YEAR UG PROGRAMME

Bachelor's of Science – Yoga




- The practical aspect in core courses (the performance of different kriyas and asanans) has been given more emphasis, both in terms of credits and credit hours involved, in comparison to theory.
- Keeping in tune with UGC norms, provision for interdisciplinary elective courses, compulsory ability enhancement courses, internship and research project work has been made.
- The current programme is designed to enhance the knowledge and skill of the subject. While designing the syllabus, care has been taken to balance the fundamental techniques of performing arts with complementary knowledge and skills through elective and ability enhancement courses.
- The programme would give the students, opportunities to develop skills, in areas which have direct relevance to better practices needed, to maintain good health and hygiene and a healthy body in a healthy mind.

Fees = ₹ 35,000/-*

So come and start your journey into
the future with HSNC University today!

For more details visit
www.hsncu.edu.in



Log onto <https://www.hsncu.edu.in/> for further details.
Reach us at askmeanything@hsncu.edu.in for any queries
Follow us |    

PARENT BODY: HYDERABAD (SIND) NATIONAL COLLEGIATE BOARD
K. C. College Building, Vidyasagar Príncipeal K.M. Kundnani Chowk, 123, Dinshaw Wachha